

Tuesday, March 19

- Prenatal Class - Labor Experience - 6:00pm

Wednesday, March 20

- Prenatal Class - Infant Care - 6:00pm

Thursday, March 21

- Prenatal Class - Breastfeeding - 6:00pm
-

Prenatal Class - Labor Experience

Time: 6:00pm

Join us on a journey of the labor experience. This class will make sure you have a clear understanding of what is included in your labor experience at Southwestern Medical Center and what to expect. This class will be sure to calm the nerves of this often unknown, life-changing experience.

This class is \$20 and is payable upon arrival. Cash and check only are accepted.

For more information, please call 580.531.4726.

Prenatal Class - Infant Care

Time: 6:00pm

Ensure you have all the tools you need when you take your precious bundle of joy home. This class is all-inclusive and will teach you how to care for your newborn after you leave the hospital.

This class is \$20 and is payable upon arrival. Cash and check only are accepted.

For more information, please call 580.531.4726.

Prenatal Class - Breastfeeding

Time: 6:00pm

Breastfeeding takes practice and this class will provide you the knowledge to be successful. Learn what is normal and reassuring and what is a possible warning sign. We will also cover resources available to help new mothers and their babies throughout the breastfeeding journey.

This class is \$20 and is payable upon arrival. Cash and check only are accepted.

For more information, please call 580.531.4726.